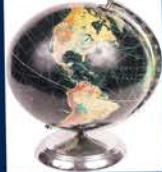


# Away On Your Own

## Student survival 101



The key to success in life is being prepared. Our practical and informative one day seminar prepares students for the young adult experience of living on their own - away from home. Whether your young person will be attending boarding school or university, these relevant topics take the stress out of wondering if they will know what to do when faced with basic daily experiences as well as new challenges.

Covering a wide array of topics that include:

- Travel safety
- How to pack effectively and what to take with you
- Shopping on a student allowance,
- Coping with dorm life
- Manners matter - making the most of them
- Dining skills that get you 'invited' places
- Good housekeeping - taking care of one's personal space and belongings.
- What to do when trouble arises

This seminar takes place annually in August and December / January each year. Private classes can be arranged at other times.

Contact information for additional information and registration:

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